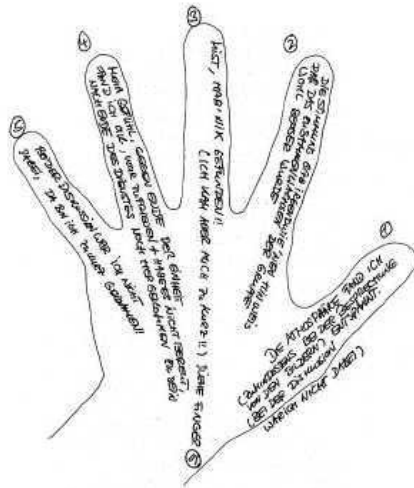


Evaluation by hand



Thumb: what has been experienced as positive...
Forefinger: what do I want to change (practically)...
Middle finger: what am I dissatisfied about...
Ring finger: which emotions did I experience...
Pinky: what was missed out...
... during the process which is evaluated

This is a short introduction of a self- evaluation practice that can be useful within any pedagogical context. It is based on the anthropologically given factor of the contour of ones hand with spread fingers.

1. One hand is lying on a sheet of paper while the fingers are spread.
2. Draw a line around your hand and fingers.
3. Now, each drawn finger gets a symbolic meaning:
4. In a further drawing you find graphic structures instead of words, which fill in the shape of your hand.